49er Fun - DA STUFF TO BRING

Come prepared for outdoor activity & hiking in a range of weather (cold & rainy to sunny & hot)

What Why/Details

Sack Lunch For Lunch on 1st day only

2 Pairs of Shoes One to keep dry, and one for use in the water panning for gold

3 Pairs of Socks2 Pairs of Underwear

2 Pants

1 Shorts Optional if cold and raining

2 T-Shirts Sweatshirt Hat/Visor

Warm Jacket It can get cold at night, but quickly warm up in the day

Cheap Hooded Poncho/Rain Jacket If expecting rain please keep it on your person, or easy to get to

Duffel Bag/Suitcase To transport your stuff in

Prescription Medications

Towel

Toiletries You probably won't have time for a shower, but just in case
Toothbrush and Paste We might live in 1854, but good dental hygiene is still important
Small Water Bottle The first day we will visit sites without a lot of drinking fountains

Sun Block Optional Mosquito Repellent Optional

For Sleeping at Night

Sleeping Bag

Sleeping Pad Optional - but you might like it Pillow Optional - but you might like it

Flashlight To help you find your sleeping bag in the dark
Extra Sweatpants & Sweatshirt Especially good if your sleeping bag isn't the best
We all sleep better when our feet are warm

Ski Cap/Beanie To keep you nice and warm at night

If you are on a 2 Night - Double Jack

1 More full change of daytime clothing & 1 More full change of sleep time clothing

Note: All pianos, trombones, and kazoos are welcome, but all <u>alcohol</u>, satellite-dishes, tvs, <u>music players</u>, and electronic games are <u>not allowed</u>. Cell phone (yes, we are talking to you parents) should be off at all times, and only to be used in the wagon lot away from kids and other parents.

For current weather conditions at camp please visit: http://www.rocknwater.com/resources/weather/

www.rocknwater.com Rock-N-Water (530) 621-3918